



## Taurine Capsules

Nutritional supplement with vitamin B2

### Useful information:

Taurine is an amino acid containing sulphur that occurs both in the daily diet and in the human body. However, the human organism can produce it relatively poorly, which is why a dietary supplement is useful. Taurine is involved in a variety of biological metabolic processes and is found in the muscles, bile, brain, the retina of the eyes and in breast milk. The term taurine is derived from the Latin word "taurus" for bull. Our taurine capsules with vitamin B2 contribute towards the reduction of tiredness and fatigue.

**Ingredients:** Taurine (82 %), Hydroxypropylmethylcellulose, bulking agent Microcrystalline Cellulose, separating agent Magnesium Stearate, Vitamin B2.

	per capsule	per daily dose (= 3 capsules)	% of NRV recommended daily dose*
Taurine	600 mg	1800 mg	**
Vitamin B2	1.4 mg	4.2 mg	300

\*NRV = Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011

\*\* no reference value available yet

**Recommended dose:** swallow 2-3 capsules per day with sufficient liquid.

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Vegan

**Contents 180 capsules = 130 g**

Art. No.: 9347

Eti0923