

## Biotin-forte 10,000µg tablets

Nutritional supplement  
High dosage – only 1 daily

### Useful information:

Biotin, also known as vitamin H, is essential for many processes within the body. A lack of biotin may lead to brittle nails, thin hair and flaky skin. On the other hand, a regular nutritional supplement with a high dosage of biotin supports the growth of and supply to the skin, hair and nails. Today, it is considered scientifically proven that biotin contributes towards the retention of full, beautiful hair, healthy skin and mucous membranes and a normal metabolism.

- For full, beautiful hair
- For strong, firm fingernails
- For healthy skin and mucous membranes

Each tablet contains 10,000 µg biotin.

	per tablet	% of NRV recommended daily dose*	per 100 g tablets
Biotin	10,000 µg	20,000	5 g

\*NRV = Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011

**Ingredients:** Microcrystalline Cellulose (bulking agent), Biotin; Magnesium Stearate, Silicon Dioxide (separating agents).

**Recommended dose:** take 1 tablet per day with sufficient liquid.

Biotin can have an effect on laboratory tests, please inform your doctor in this case.

Keep dry and out of direct sunlight. Store below 25°C. Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

**Contents 180 tablets = 38 g**

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*Ihre Gesundheit liegt uns am Herzen!*