



## Ubiquinol 200 mg Q10 bioactive capsules

Food supplement

### Good to know:

Before the body can utilize the coenzyme Q10 it has to be transferred into ubiquinol which is the bioactive form of coenzyme. By supplying the body directly with ubiquinol the conversion process becomes redundant. Ubiquinol - the activated Q10 - is immediately available to the organism.

Each capsule contains 200 mg Ubiquinol (Kaneka QH™, activated form of CoQ10).

	per capsule (= daily dosage)	per 100 g capsules
Ubiquinol	200 mg	17 g

No Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011 has yet been established.

### Ingredients:

*Soya Oil* (filler), Ubiquinol (17 %), Gelatin, Glycerin (humectant), *Soya Lecithin* (emulsifier), Silicon Dioxide (thickening agent), Iron Oxide (colorant).

### Recommended use:

Take 1 capsule daily (preferably in the morning) with sufficient liquid.

Keep out of direct sunlight. Store dry and not above 25°C. Food supplements should not be used as a substitute for a varied and balanced diet and do not replace a healthy lifestyle. Keep out of the reach of small children. The recommended daily dose should not be exceeded.

### Contents 30 capsules = 34 g

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