



Q10 Capsules 200 mg

Nutritional supplement

Good to know:

Coenzyme Q10 is one of the body's own substances belonging to the group of vitaminoids, therefore substances similar to vitamins, and is an important part of our daily nutrition. Q10 is primarily found in the heart, liver and kidneys in the human organism. Extra Q10 intake is particularly recommended with increasing age and if the diet is not well-balanced.

Each capsule contains 200 mg of high purity, natural Q10 in the best quality.

Ingredients: *Soya Oil* (bulking agent), Coenzyme Q10 (25 %), Gelatin, Glycerine (humectant).

	per capsule (= daily dose)	per 100 g capsules
Coenzyme Q10	200 mg	25 g

No nutrient reference value for the daily intake according to VO (EU) No. 1169/2011 has yet been established

Recommended dose: Swallow 1 capsule per day with sufficient liquid before a meal.

Keep out of direct sunlight. Store dry and not above 25°C.

Food supplements should not be used as a substitute for a varied and balanced diet and do not replace a healthy lifestyle. Keep out of the reach of young children. The recommended daily dose should not be exceeded.

Contents 90 capsules = 69 g

Art.-no. 9202

Eti0320