



Vitamine E 400 I.E. Capsules

Nutritional supplement

Good to know:

Vitamin E is one of the fat-soluble vitamins our body needs. The body cannot produce vitamin E itself and therefore relies on sufficient supply through nutrition. As confirmed by the EFSA, the European Food Safety Authority, vitamin E as an anti-oxidant makes a contribution towards protecting the cells against oxidative stress.

Each capsule contains 268 mg natural vitamin E, corresponding with 400 International Units (I.E.).

Ingredients:

Vitamin E (44 % RRR-alpha-Tocopherol), Gelatin, Sunflower Oil (filler), Glycerine (humectant).

	per capsule (= daily dose)	% of the recommended daily dose NRV*	per 100 g capsules
Natural Vitamine E (alpha-TE)	268 mg (400 I.E.)	2233 %	44 g

* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

Recommended dose:

Take 1 capsule per day with sufficient liquid.

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. The recommended daily dose should not be exceeded.

Contents 240 capsules = 142 g

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Ihre Gesundheit liegt uns am Herzen!