

Ginkgo mental capsules

Nutritional supplement

Useful information: The Japanese temple tree Ginkgo biloba is one of the oldest trees in the world. For centuries its precious ingredients have been appreciated, which are contained mainly in the leaves. Our Ginkgo biloba special extract is obtained by a multistage method, in which the valuable ingredients are enriched in a very careful manner and undesirable substances are removed. Vitamins of the so-called vitamin B complex are among others important for the nervous system. They complete in a sensible way the Ginkgo special extract.

In addition, the following effects have been tested and officially confirmed by the EFSA, the European Food Safety Authority:

- pantothenic acid contributes to normal mental performance
- Thiamine contributes to a normal psychological function

Each ginkgo mental capsule contains 75 mg of Ginkgo biloba special extract (50:1; extractant water 30% and 70% ethanol) with 18.4 mg flavone glycosides and 4.9 mg ginkgolide Terpenlactonen and a vitamin B complex .

Ingredients: Gelatine, Microcrystalline Cellulose (bulking agent), Extract of Ginkgo Biloba Leaves (17 %), Magnesium Stearate (separating agent), Niacin, Calcium-D Pantothenate, Vitamin B6 Hydrochloride, Vitamin B2, Vitamin B1-Mononitrate, Folic Acid, Biotin, Vitamin B12.

	per capsule (= daily dose)	% of NRV recommended daily dose*	per 100 g capsules
Ginkgo-biloba extract (50:1)	75 mg	**	17 g
flavone glycosides	18,4 mg	**	4 g
terpene lactones ginkgolide	4,9 mg	**	1 g
niacin	48 mg	300	11 g
pantothenic acid	18 mg	300	4 g
Vitamin B2	4,2 mg	300	1 g
Vitamin B6	4,2 mg	300	1 g
Vitamin B1	3,3 mg	300	753 mg
folic acid	600 µg	300	137 mg
biotin	150 µg	300	34 mg
Vitamin B12	7,5 µg	300	2 mg

* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

** No reference value has yet been established

Recommended dose: Take 1 capsule once daily with a meal. The capsule should be swallowed whole with a sufficient amount of liquid. Ginkgo has a slightly blood-thinning effect. Persons taking anticoagulant medication should consult their doctor before taking Herbafit Ginkgo mental capsules.

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Contents 180 capsules = 77 g

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