



Q10 200 mg Capsules

Nutritional supplement

Good to know:

Coenzyme Q10 is one of the body's own substances belonging to the group of vitaminoids, therefore substances similar to vitamins, and is an important part of our daily nutrition. Q10 is primarily found in the heart, liver and kidneys in the human organism. Extra Q10 intake is particularly recommended with increasing age and if the diet is not well-balanced.

Each capsule contains 200 mg of high purity, natural Q10 in the best quality.

Ingredients: Soya Oil, Coenzyme Q10 (25 %), Gelatin, humectant Glycerine.

	per capsule (= daily dose)
Coenzyme Q10	200 mg

No nutrient reference value for the daily intake according to VO (EU) No. 1169/2011 has yet been established

Recommended dose: Swallow 1 capsule per day with sufficient liquid before a meal.

Not suitable for pregnant women, nursing mothers, children and adolescents under the age of 17. People taking bloodthinning medication (anticoagulants) should consult their doctor before consuming this product.

Keep out of direct sunlight. Store dry and not above 25°C.

Food supplements should not be used as a substitute for a varied and balanced diet and do not replace a healthy lifestyle. Keep out of the reach of young children. The recommended daily dose should not be exceeded.

Contents 120 capsules = 93 g

Art.-no. 9202

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