

Glutathione-Plus Capsules 300 mg

Nutritional supplement with glutathione, vitamin C and selenium

Useful information: Glutathione (L-glutathione) is an endogenous compound formed in the erythrocytes, i.e. the red blood cells, from the amino acids cysteine, glutamate and glycine, and assumes a series of important physiological tasks. Because glutathione is created by the body itself, the supply is basically ensured as long as no protein or vitamin C deficiency occurs due to a highly limited diet. The essential trace element selenium and vitamin C contribute towards the normal function of the immune system and the protection of the cells against oxidative stress, meaning stress through free radicals.

Each capsule contains 300 mg reduced L-glutathione, 30 mg vitamin C and 20 µg selenium.

Ingredients: L-glutathione (58 %), Gelatine, bulking agent Microcrystalline Cellulose, Vitamin C, separating agent Magnesium Stearate, bulking agent Maltodextrin, Sodium Selenite.

	per capsule	per 2 capsules (=daily dose)	% of NRV recommended daily dose*	per 100 g capsules
L-glutathione	300 mg	600 mg	**	58 g
Vitamin C	30 mg	60 mg	75	6 g
Selenium	20 µg	40 µg	73	4 mg

* NRV = Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011

** no reference value available yet

Recommended use: Swallow 1 capsule 1 - 2 x daily with sufficient liquid.

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Contents 60 capsules = 29 g

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