



Vitamin C-1,000 mg + Zinc Retard Tablets

Nutritional supplement with vitamins C and zinc

Interesting facts: As more and more studies show, the entire organism benefits from high doses of vitamin C in combination with zinc! Both active ingredients play a crucial role in a healthy, vital immune system. Vitamin C also contributes in protecting somatic cells from oxidative stress, i.e. the attacks by "free radicals" and reducing tiredness and fatigue. Zinc helps the body maintain a normal acid-base, carbohydrate and fatty acid metabolism. Each tablet contains 1,000 mg of Vitamin C and 10 mg of zinc in a special formula which releases its content delayed or retarded, i.e. over an extended period of time, thus ensuring a long period of action.

Ingredients: Vitamin C, fillers micro-crystalline cellulose, hydroxypropyl-methyl-cellulose; zinc citrate, anti-caking agents magnesium stearate, silicon dioxide.

	per tablet (=daily dose)	% of NRV recommended daily dose*	per 100 g tablets
Vitamin C	1000 mg	1250 %	65 g
Zinc	10 mg	100 %	0.6 g

*NRV = Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011

Recommended dose: swallow 1 tablet per day with sufficient liquid.

Keep dry and out of direct sunlight. Store below 25°C. Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Not suitable for children and young people under 17 years of age.

Contents 180 tablets = 272 g

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