

Passion Flower Nerve Capsules

Nutritional supplement
with passion flower, valerian, hops and B vitamins

Useful information:

Undisturbed, restful sleep is important for our sense of well-being, our health and our internal balance. Stress, the strains of everyday life and inner tension eat away at our nerves and cause us to lose sleep. The gentle, calming effects of the passion flower as well as valerian and hops has been tried-and-tested. The passion flower relaxes and calms people suffering from mild sleep disorders or having trouble falling asleep as well as those suffering from irritation and nervous unrest. Valerian and hops are the classic choices for good sleep. A special combination of B vitamins contributes towards the normal function of the nervous system and mind.

Ingredients:

Valerian Root Extract (4:1), Passion Flower Extract (10:1) (25 %), Hops Powder, Gelatine; Microcrystalline Cellulose, Maltodextrin (bulking agent); Magnesium Stearate (separating agent), Vitamin B6 Hydrochloride, Vitamin B2, Vitamin B12.

Each Herbafit Passion Flower Nerve Capsule contains: 150 mg Passion Flower Extract (10:1), 200 mg Valerian Root Extract (4:1), 100 mg Hops Powder, 1.4 mg Vitamin B6, 1.4 mg Vitamin B2 and 2.5 µg Vitamin B12.

	per capsule	per daily dose (= 2 capsules)	% of the recommended intake according to NRV*	per 100 g capsules
Valerian root extract (4:1)	200 mg	400 mg	**	33 g
Passion flower extract (10:1)	150 mg	300 mg	**	25 g
Hops powder	100 mg	200 mg	**	17 g
Vitamin B6	1.4 mg	2.8 mg	200	233 mg
Vitamin B2	1.4 mg	2.8 mg	200	233 mg
Vitamin B12	2.5 µg	5.0 µg	200	0.4 mg

* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

** No reference value has yet been established

Recommended use:

Swallow 1-2 capsules with sufficient liquid each day ½ to 1 hour before going to bed.

Store protected from light, dry and below 25°C. Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Content 120 Capsules = 70 g

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