



Zinc 25 mg Capsules

Nutritional supplement

Useful information:

Zinc is one of the most essential trace elements, and undertakes countless functions within the human body. It is involved, for example, in a number of metabolic functions, and supports the maintenance of healthy bones, hair, nails, skin and normal vision. Zinc plays an important role in a vigorous, healthy immune system and in the body's defences, and contributes towards protecting cells against oxidative stress.

Ingredients: Zinc Gluconate, Microcrystalline Cellulose (bulking agent), Gelatine, Magnesium Stearate (separating agent).

Each capsule contains 25 mg zinc.

	per capsule (= daily dose)	% of NRV recommended daily dose*	per 100 g capsules
Zinc	25 mg	250	5 g

*NRV = Nährstoffbezugswert für die tägliche Zufuhr gemäß VO (EU) Nr. 1169/2011

Recommended dose: swallow 1 capsule per day with sufficient liquid.

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Not suitable for children and young people under 17 years of age.

Contents 180 capsules = 82 g

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