

Ginkgo mental capsules

Nutritional supplement with flavone glycosides,
ginkgolide terpene lactones and B vitamins

Useful information: The Japanese temple tree Ginkgo biloba is one of the oldest trees in the world. For centuries its precious ingredients have been appreciated, which are contained mainly in the leaves. Our Ginkgo biloba special extract is obtained by a multistage method, in which the valuable ingredients are enriched in a very careful manner and undesirable substances are removed. Vitamins of the so-called vitamin B complex are among others important for the nervous system. They complete in a sensible way the Ginkgo special extract.

In addition, the following effects have been tested and officially confirmed by the EFSA, the European Food Safety Authority:

- pantothenic acid contributes to normal mental performance
- Thiamine contributes to a normal psychological function

Each ginkgo mental capsule contains 75 mg of Ginkgo biloba special extract (50:1; extractant water 30% and 70% ethanol) with 18.4 mg flavone glycosides and 4.9 mg ginkgolide terpene lactones and a vitamin B complex.

Ingredients: Gelatine, bulking agent Microcrystalline Cellulose, Extract of Ginkgo Biloba Leaves (17 %), Niacin, separating agent Magnesium Stearate, Calcium-D Pantothenate, Vitamin B6 Hydrochloride, Vitamin B2, Vitamin B1-Mononitrate, Folic Acid, Biotin, Vitamin B12.

	per capsule (= daily dose)	% of NRV recommended daily dose*
Ginkgo-biloba extract (50:1)	75 mg	**
flavone glycosides	18,4 mg	**
ginkgolide terpene lactones	4,9 mg	**
niacin	48 mg	300
pantothenic acid	18 mg	300
Vitamin B2	4,2 mg	300
Vitamin B6	4,2 mg	300
Vitamin B1	3,3 mg	300
folic acid	600 µg	300
biotin	150 µg	300
Vitamin B12	7,5 µg	300

* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

** No reference value has yet been established

Recommended dose: Take 1 capsule once daily with a meal. The capsule should be swallowed whole with sufficient liquid. Persons taking blood-thinning medication (anticoagulants) should consult their doctor before consumption.

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Contents 180 capsules = 76 g

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