



## Resveratrol Capsules

Nutritional supplement

### Good to know:

Resveratrol is a polyphenol compound that occurs in a number of plants and forms part of the plant's own immune system. A particularly high content of resveratrol is found in the Japanese knotweed (*Polygonum cuspidatum*) - a medicinal plant that plays a role in traditional Japanese and in Indian medicine.

Each capsule contains: 400 mg Polygonum-cuspidatum extract (Japanese knotweed) with at least 240 mg trans-resveratrol.

	per capsule (= daily dose)	per 100 g capsules
Polygonum cuspidatum extract	400 mg	72 g
of which trans-resveratrol	at least 240 mg	43 g

No nutrient reference value for the daily intake according to VO (EU) No. 1169/2011 has yet been established.

**Ingredients:** Polygonum Cuspidatum Extract (72%) with at least 60% trans-resveratrol, Gelatin, Microcrystalline Cellulose (filler), Magnesium Stearate (release agent).

**Recommended daily dose:** Take 1 capsule daily with sufficient liquid.

Keep dry and out of direct sunlight. Store below 25°C.

Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

**Contents 90 capsules = 48 g**

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